

THANK YOU!

Thank you so much for spending your hard earned money on my resource! I hope you find it helpful for your students.

-Annie



I am a 4th grade teacher at a private, Catholic school in Chicago. I teach math, language arts, social studies, and religion I have my BS from the University of Dayton and recently earned my masters degree in Religious Education from Loyola University Chicago. I have been a teacher-author on Teachers Pay Teachers since 2013, and have truly enjoyed every minute of it! In 2017 I had the honor of representing the Iditarod Sled Dog Race as the 2017 Iditarod Teacher on the Trail . I have created dozens of *free* lessons which you can access by visiting www.iditarod.com/edu. I am also a National Geographic Certified Educator.

Besides teaching 4th grade, I also run an after school Irish dance program and coordinate many religious celebrations for my school. I also LOVE to run and have completed nine marathons. And I try and explore the National Parks whenever I get a chance! My top three parks are Wrangell-St. Elias, Wind Cave, and Grand Teton.

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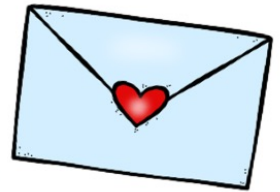
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Set up Instructions

This is the perfect bulletin board set for upper elementary and middle school students. Below I have outlined how to best set up your bulletin board.

I have only included one size of each part of the board. If you need to print smaller, use the % on your copy machine. For the bulletin board display below I used 65% for the path activities.

Print the letters
on purple
Astrobrights
paper

Place grey card stock
behind each path piece to
make it look like a
stepping stone/path.

Create the rays of
sunlight coming from
the cross using strips
of orange and yellow
paper



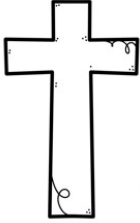
Print the heart on red
Astrobrights paper

Print the crosses on
brown cardstock

Create the hill
using green paper.

Student Handouts

To go along with the bulletin board set, there are two student worksheets. The "My Lenten Journey" handout matches the tasks on each of the "steps" to the cross. Each student should get their own handout and color in each square as they complete each task.



My Lenten Journey

a time of prayer & reflection

Name _____

Directions: Color each square after you have completed the activity.

	Day 1 Decide what you will give up or do for Lent Ash Wednesday	Day 2 Pray three Our Fathers	Day 3 Create a list of people you are thankful for	Day 4 Write a note to one of the people you are thankful for	
First Sunday Attend mass today	Day 5 Encourage your family to pray before dinner	Day 6 Do an extra chore around the house today	Day 7 Compliment a classmate today	Day 8 Pray the Hail Mary three times today	Day 9 Read a bible story today
Second Sunday Attend mass today	Day 11 Try not to complain today	Day 12 Practice the Act of Contrition	Day 13 Color a picture of the cross and hang it up at home	Day 14 Pray the Glory Be five times	Day 15 Call a family member today, just to say hi
Third Sunday Attend mass today	Day 17 Read a story from the bible	Day 18 Write a thank you note to a teacher today	Day 19 Tell a family member that you love them	Day 20 Pray three Our Fathers	Day 21 Pick up 3 pieces of trash today
Fourth Sunday Attend mass today	Day 23 Pray the Rosary today	Day 24 Make a card for a neighbor and deliver it	Day 25 Reflect on your Lenten promise. How are you doing?	Day 26 Try not to complain today	Day 27 Pray the Hail Mary three times today
Fifth Sunday Attend mass today	Day 29 Do an extra chore around the house today	Day 30 Pray as directed	Day 31 Pray as directed	Day 32 Pray as directed	Day 33 Pray as directed
Palm Sunday Attend mass today	Day 35 Complete three acts of kindness today	Day 36 Practice the Act of Contrition	Day 37 Practice the Act of Contrition	Day 38 Practice the Act of Contrition	Day 39 Practice the Act of Contrition

The second handout is a page of prayers that are part of the Lenten journey.


My Lenten Prayer Sheet

Hail Mary

Hail Mary,
Full of Grace,
The Lord is with thee.
Blessed art thou among women,
and blessed is the fruit
of thy womb, Jesus.
Holy Mary,
Mother of God,
pray for us sinners now,
and at the hour of our death.

Our Father

Our Father, who art in heaven,
hallowed be thy name. Thy kingdom
come, thy will be done,
on earth, as it is in heaven.
Give us this day our
daily bread and forgive us our
trespasses as we forgive those who
trespass against us; and lead us
not into temptation, but deliver us
from evil.



Glory Be

Glory be to the Father, and to the Son,
and to the Holy Spirit.
As it was in the beginning, is now,
and ever shall be, world without end.

Act of Contrition

My God, I am sorry for my
sins with all my heart.
In choosing to do wrong and
failing to do good,
I have sinned against you
whom I should love
above all things.
I firmly intend, with your
help, to do penance,
to sin no more,
and to avoid whatever
leads me to sin.
Our Savior Jesus Christ
suffered and died for us.
In His name. My God have
mercy.